

Rules of the 8-bell striking competition for the Don Exell Trophy

Eligibility

All team members must be district Sunday service ringers. Towers may combine to form a team and have a team name. No ringer may ring in more than 2 teams except as follows: if a team meets short due to illness, or other circumstances, a maximum of one ringer may be drafted in from another team.

Format

Teams may choose to ring either Call Changes or Triples or Major. The Don Exell Trophy will be awarded to the team with the best performance.

Call Changes

Call changes shall be a minimum of 160 rows (from the first change to the last backstroke row before rounds at the end).

The test piece shall start and end in rounds and include at least two of the rows Queens (13572468), Tittums (15263748) and Whittingtons (12753468).

Rows will be marked from the first change to the last row before rounds at the end.

Rounds before and after the test piece will not be marked.

Any rows under the minimum number of 160 rows shall incur additional faults.

Teams may supply someone to count rows during their test piece, if desired.

Method

This shall be 168 changes of Triples or 160 changes of Major. This can be either a touch or several plain courses. Teams may also ring Plain Hunt Triples or Major.

Rows will be marked from the first change to the first row of rounds at the end (inclusive).

Round before and after the test piece will not be marked (note that the row when the method comes into rounds is part of the test piece).

Starting signal

The signal for the start of the test piece shall be two whole pulls on the treble.

General

Each team will be allocated 5 minutes practice, during which they may adjust ropes, practice their test piece, give the starting signal and then ring the test piece.

Teams may choose to have a conductor call their piece from outside the circle, if desired.

Teams ringing Call Changes may choose to have a row-counter to count rows during their test piece, if desired.

The Judge's decision is final.

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